



The Express

9, chemin Cambria, Gore (Québec) J0V 1K0 – Tél.: 450 562-2025

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Celine
TREMBLAY
PHOTOGRAPHIC

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A WORD FROM THE MAYOR

For several decades, Gore had been renowned as a vacation spot and welcomed vacationers from Montreal, Ottawa and elsewhere every summer. But, the original vocation of Gore has always been to be a small welcoming village, once offering several services to its permanent population such as restaurants, a general store and artisans of all kinds. The rural exodus of previous decades turned into an urban exodus during the pandemic and our permanent population jumped by at least 20%. We are happy that more people are now permanent residents of our beautiful municipality. The contribution of this new population has encouraged many artisans, small businesses and artists to settle here. We want to highlight their services offered and their talents and make them known to our population.



To do this, we invite all artisans, small businesses and artists to contact the community living at pgervais@cantondegore.qc.ca and we will create a directory to promote our local know-how.

As always, I can be reached on my cell phone at 514 941-2224.

Your mayor
Scott Pearce

ENVIRONMENT

EXTRACT FROM THE 2022-2027 ENVIRONMENTAL POLICY

Axis 1 : Air quality

Air quality is a key factor in maintaining not only environmental health but also human health. Our natural habitats, such as wetlands and forests, help capture carbon (greenhouse gases), filter and purify water and air. In order to maintain excellent air quality, the Municipality is committed to targeting the following:

1- Improvement of air quality

- A- Protect the vegetation coverage of the Municipality by applying the regulations on tree cutting and the orientations of the Urban Plan (PU) in terms of deforested areas and natural ones ;
- B- Maintaining the common ragweed monitoring and eradication program in collaboration with the Quebec Lung Association ;
- C- Limit and control open fires, especially during periods of increased risk (SOPFEU) ;
- D- Limit the creation of heat zones caused by deforestation and the water-proofing of soils, such as parking lots.

2- Reduction of harmful human activities

- A- Incite local consumption, thereby reducing transportation distances for products and services, which directly affects greenhouse gas (GHG) emissions ;
- B- Encourage the replacement of oil heating systems to follow the Quebec Government's Plan for a Green Economy 2030 ;
- C- Develop and encourage active transportation (cyclists and pedestrians) and road sharing between users in collaboration with the Ministère des Transports du Québec (MTQ) ;
- D- Support the electrification of transportation by making charging stations available to citizens. Where possible, transition to electric municipal vehicles

Next month, axis 2 : Protection of water environments!



Conservation Lakefield is proud to announce that we have signed an agreement with the developer GSLL to purchase and conserve 117 hectares (289 acres) of land in

Domaine Lakefield in Gore. We will conserve in perpetuity two large and ecologically valuable areas of old forest and wetland and leave a legacy of nature, protected for generations to come. Working with homeowners in the Domaine, we have been able to obtain grants of \$420,000 from two government agencies! On August 21, 2022 we officially launched our campaign to raise the additional funds needed to complete the purchase of this wild and magnificent area. Are YOU interested in making this purchase a reality? Do you want to preserve other undeveloped areas? There are many ways to help. Please contact us today, at info@conservationlakefield.ca.



Saturday, October 8 - Margaret Cook tour of the Township

Hop on the bus with Les Sentiers de Gore and retrace the footsteps of local author Margaret Cook (1897-1975). Visit the local sites that inspired her writing: Shrewsbury, the Glenn and Kerr's Farm. The tour will also offer a unique opportunity to visit her home of Sunnyacres in Gore's 6th Range as well as Holy Trinity Cemetery in Lakefield where she was buried in 1975. Margaret Cook wrote a monthly column for the Lachute Watchman titled Sunnyacres Sketches between 1949 and 1971 and published a novel of historical fiction, Land Possessed, in 1969.

Two departures are scheduled from the Municipal Park, 45 Cambria Road:

- 1) Francophone group departure at 9:15 AM
- 2) Anglophone group departure at 1:15 PM

The activity is free but booking is mandatory by email at : info@lessentiersdegore.com



Support for caregivers of seniors in Argenteuil

Individual meetings for caregivers of seniors

Hosted by Francis Lavigneur, advisor for caregivers of seniors



Monday, September 12, 2022

Skating rink in Hammond-Rodgers Park
near City Hall located at
1262 chemin Mille-Isles

Places are limited • Reservation required

450-562-7447 P. 233
frlavig@hotmail.com

Monthly event, next dates coming soon.



Centre intégré de santé et de services sociaux des Laurentides
Québec
CMSS d'Argenteuil

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LAURENTIDES

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nous sommes là pour vous.*

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LAPPUI.ORG

ACTIVITIES



Firefighter's Family Day 2022

Saturday September 3rd
9:00AM to 3:00PM
At the Municipal Park
45 ch. Cambria
Incase of rain : Sunday
September 4th

- Inflatable games
- Jaws of Life Demonstration
- Firefighter Competition
- Childrens' Obstacle course
- Fire extinguisher workshop
- Gore au feu Mascot
- Artisans
- Free BBQ! (all donations go to the Christmas baskets)






Le Festival Argenteuil en Blues & Canton de Gore vous invitent
are proud to present...

Couleurs d'Argenteuil en Blues
The colors of Argenteuil en Blues

Vendredi et samedi 23 - 24 septembre
Friday & Saturday September 23 - 24
Parc municipal / Municipal park.
45, chemin Cambria, Gore

Samedi / Saturday
Journée familiale
Family Day
Rallye dans le sentier
Rally in the Pioneers trail



★ L'HOMMAGE ULTIME À
★ STEVIE RAY VAUGHAN ★

Vendredi / Friday
19h00 Feu de camp Jam
Camp fire Jam
Samedi / Saturday
10h-16h Zone Familiale
14h00 Jam
16h00 Coup de coeur Showcase
17h30 SRV L'HOMMAGE ULTIME 1^{ère} partie
18h30 Barbara Diab
19h30 SRV L'HOMMAGE ULTIME 2^e partie
20h45 Jam



Mojo Woman



Coeur de Coeur
**Groupe
Coup de Coeur
Showcase
2022**

Tarifs journée 15\$ Day admission
Programmation complète
www.argenteuilenblues.com
Complete program

Meditation in Gore

Through meditation, there is a way to contribute to a better life for ourselves and for others.

Taking a specific moment, in full awareness of the present moment, helps to raise our vibrational rate, allowing us to be solid and well grounded.

Coming together to meditate for peace within us and around us, amplifies our vibrations to relieve our beautiful planet Earth.

This is my invitation to you, beautiful souls of Gore and beyond!

When? from September 13 to December 13
Tuesdays from 1:30 p.m. - 2:30 p.m.
Thursdays from 7:30 p.m. - 8:30 p.m.

Venue? at my home in Gore, in the Domaine Lakefield

Cost? voluntary contribution

The money raised will go to the Gore Christmas Baskets

For registration and/or information:
Olga-Amélya – 450-562-3219

YOGA Pour tous

Session début-automne
Du 7 septembre au 19 octobre 2022
(7 semaines)

Les mercredis

10:45 à 12:00
Yoga Kundalini

19:15 à 20:30
Hatha yoga

**Au Centre
communautaire Trinity**
2, chemin Cambria
Gore

Pour plus d'infos ou pour inscriptions
Hélène
514-659-5919
anahatamedicina@gmail.com
anahatamedicina.ca

Tarif
La session : 112\$
À la carte : 20\$ (selon disponibilité)
Places limitées

ACTIVITIES

Dancercise

It's easy, it's fun and the music is cool.

Tuesdays and Thursdays
from 1:30 p.m.
to 3:15 p.m.

You need a mat, a small weight, and an exercise band.

Classes are free, but a donation to the Christmas baskets would be greatly appreciated.

For more information, please contact
Lynne Powell at
450 432-2156.



Every Friday until the end of October, several farms are present from our MRC d'Argenteuil, come discover and eat Argenteuil!

Kids Activity 0-8

September 4th 2022
10:00AM to 12:00PM

During the community breakfast

TRINITY COMMUNITY CENTER
2 CHEMIN. CAMBRIA, GORE JOV 1K0

FREE ACTIVITY

ARGENTEUIL EN BLUES

Friday- 3:00PM to 12:00AM
Saturday - 12:00PM to 10:00PM

VOLUNTEERS NEEDED

LES COULEURS D'ARGENTEUIL EN BLUES

IT IS NOW TIME TO REGISTER TO BECOME A VOLUNTEER FOR THE BLUES FESTIVAL IN GORE THAT IS TAKING PLACE ON THE 23RD AND 24TH OF SEPTEMBER AT THE MUNICIPAL PARK.

Lots of positions and a variety of time slots available

<https://argenteuilenblues.com/>

Hiking Activity

Discover the trails at Beattie Park with a guided tour in an inclusive group for all abilities.

Monday, September 19th
10:00AM
Trail : Aventurière

Tuesday, September 20th
10:00AM
Trail : Neil & Irène

Wednesday, September 21st
10:00AM
Trail : Slalom

Thursday, September 22nd
10:00AM
Trail : La Familiale

Friday, September 23rd
10:00AM
Trail : Panoramix



COMMUNITY BREAKFAST

September 4th 2022
9:00AM to 12:00PM

\$5

Trinity Community Center
2 Chemin. Cambria, Gore J0V1K0



Bench in the Pionniers Trail

The CPE daycare would like to thank the Sentiers de Gore for the bench and maintenance of the amazing trails. Here is the picture of the children on the new bench! The daycare decided to create an activity in the trails where each child took a picture of what they thought was beautiful. The results are absolutely impressive!

Thank you Sentiers de Gore!



october 1st 2022

INTERNATIONAL SENIORS' DAY

To celebrate the international day for older persons (October 1st), the municipality of Gore is collaborating with Le Rêve de Caillette daycare to send special letters by mail.

The children of the daycare will create pictures and send them to the seniors in the municipality of Gore in hopes of creating intergenerational connections between the children and seniors in our community.

If you know any seniors in Gore who would like to receive a letter, please call the municipality by September 14th to add them to our list.

For more information, please contact Alison Kilpatrick at ext. 3530 or Nathalie Geoffrion at the reception.



The course Marche Relais Argenteuil is back this fall

For the benefit of the Espoir Jeunesse Argenteuil Foundation

After two years of absence, the tenth edition of the Course Marche Relais Argenteuil (CMRA) will finally take place on October 1, 2022. Runners and walkers of all ages are invited to take part in this unifying event. For the runners, the teams will take turns on a 100 km course criss-crossing our magnificent region of Argenteuil. For walkers, they can take turns on a 50 km journey. Finally, a one-kilometre race – Young at the rhythm of the North – is also offered for the youngest. For more details, visit the CMRA website or social networks (Facebook and Instagram).

The organizing committee is always looking for volunteers. Interested persons can contact the committee via the Facebook page or via their email address (courserelaisargenteuil@hotmail.fr).

The profits raised through the CMRA will go to the Fondation Espoir Jeunesse Argenteuil, whose primary objective is to help young people with mental health problems by financing leisure activities or activities complementary to the services provided by the CISSS des Laurentides.

Jade Lavigne-Aubin for the CMRA organizing committee
 courserelaisargenteuil@hotmail.fr
<https://www.courserelaisargenteuil.ca/>
<https://www.facebook.com/coursemarcherelaisargenteuil/>

HOLY TRINITY CHURCH • 2 CAMBRIA • GORE

MUSICAL FLAVOURS

SUNDAY MORNING

September 4th 2022 / 9:00 AM - 12:00 PM

COME SEE US AFTER YOUR BREAKFAST

IN COLLABORATION WITH:
 ARGENTEUIL EN BLUES



FREE

DIMANCHE LE 9 OCTOBRE
SUNDAY OCTOBER 9TH

2022

Lac Beattie
EST 2021
PARC NATURE

COURSE EN SENTIER
TRAIL RUNNING

INSCRIPTION EN LIGNE LE
14 SEPTEMBRE
REGISTRATION ON LINE AS OF
SEPTEMBER 14TH

TARIF:
ADULT : \$25
17 ANS ET MOINS : \$10
TAXES INCLUSES

COST:
ADULTS : \$25
17 YEARS AND UNDER : \$10
TAX INCLUDED

DÉFI
COUREUR DES BOIS
CHALLENGE

GORE

WWW.CANTONDEGORE.COM



Sunday, September 11
Community Center 10:00 AM

INFORMATION MEETING
FOR LAKES SOLAR AND
CAROLINE DAMS

The municipality invites residents of the Solar and Caroline sectors to attend this meeting which will explain the different stages of the work on the dams of Solar and Caroline lakes.

This meeting is reserved for residents of the Solar and Caroline Lakes Sector due to the space available in the community center.

THANK YOU

Thank you to all of the volunteers, vendors, musicians, firefighters and organizers of this year's Flea Market! We raised over \$500 for the Back Pack Program. Well done, GOREgeous community!

MERCI

Merci à tous les bénévoles, vendeurs, musiciens, pompiers et organisateurs du Marché aux Puces! Cette évènement a rapporté plus de \$500 de fonds pour le Projet Scolaire. Bravo à tous les GOREgeous!

ACTIVITIES



SENIORS' SOUP
Monday, September 26th 2022
- NOON -

Trinity Community Center
2 chemin. Cambria, Gore J0V 1K0

With a special tree planting ceremony on behalf of the Ladies of Lakefield-Mille Isles Branch marking the 125 anniversary for the Canadian Women's Institute

RSVP your spot in advanced by contacting:
Alison 450-562-2025
akilpatrick@cantondegore.qc.ca




FRIDAY NIGHT JAM

September 16th 2022

6PM


Trinity Community Center
2 Chem. Cambria J0V 1K0

ARGENTEUIL EN BLUES



COURS

D'ARCHERIE TRADITIONNELLE



L'ESCOLE DU GRAND ARC

avec le maître archer Patrick Doiron

Traditional archery lesson with the great English bow (longbow)






An easy sport, exciting and accessible to families.

Location: Saint-Colomban school of the aviary classes start on September 9 beginner level at 7 p.m. advanced level at 8 p.m.

To acquire the basic notions of archery or to improve your skills with advanced techniques (hunting, archery on horseback, competition... Etc.) At the Grand Arc school, everything is put forward so that your passage is a rich and rewarding experience: qualified teachers, personalized teaching, a safe environment, tailor-made equipment at your fingertips... and more.

Patrick Doiron
450-592-0660

SEPTEMBER 2022

S	M	T	W	T	F	S
				 Recycling		Firefighter's Day
				1	2	3
				 Garbage + bulk items	Beginning of archery lessons	
				8	9	10
				 Recycling		
				15	16	17
				 Garbage		
				22	23	24
				Beattie Park Hike	Beattie Park Hike	Trail maintenance day at Pioneers' Trail Argentuuil en Blues
				 Recycling		
				29	30	
				 Recycling		
				28		
				Beattie Park Hike		
				21		
				Beattie Park Hike		
				20		
				Beattie Park Hike		
				19		
				Friday Night Jam Beattie Park Hike		
				18		
				11		
				Beginning of meditation course		
				12		
				 Municipal Council – 8 pm		
				6		
				5		
				Community breakfast Children's activities musical flavors		
				4		
				27		
				Seniors' Soup		
				26		
				25		

PLEASE NOTE: THE WASTE AND RECYCLING COLLECTION SCHEDULE IS SUBJECT TO CHANGE: VERIFY THE MUNICIPALITY'S WEBSITE TO BE AWARE OF CHANGES.

FOLLOW US ON THE WEB

You wish to receive the Gore Express by email and information on municipal activities:
subscribe to our mailing list by writing to info@cantondegore.qc.ca.



For all the up-to-date information: www.cantondegore.qc.ca and on Facebook.

ADVERTISING

***JUST A FEW MORE MONTHS BEFORE WINTER...
IT'S ALREADY TIME TO RESERVE YOUR PLACE!***

Contact
Paul Majeau

Tel.: 514 943-2547
autokiroule@hotmail.com



Déneigement Kiroule

Division of Excavation Kiroule

Notice of Appointment

Jessica Lemieux*
Wealth Management Advisor

*Mutual Fund Representative for Desjardins Financial Services Firm Inc.

Jessica is a new addition to the Gore team who brings her passion for members and clients and more than 15 years of experience in the financial services sector at Desjardins.

With her wide range of skills, Jessica will support you as you plan your retirement, taxes, children's education or estate** or diversify your portfolio.

Feel free to contact us to make an appointment.



**Support from Desjardins Group or external partners when needed



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